

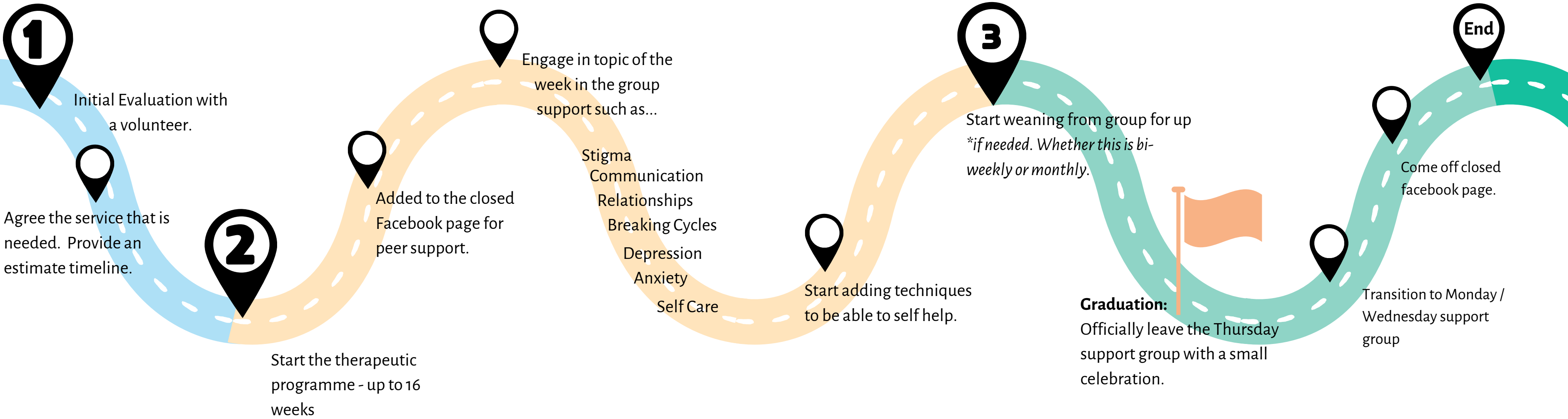


# MOTHERS MIND STAFFORDSHIRE

**Phase 1** Understand the needs and implement a self driven plan

**Phase 2** Engage in 16 week therapeutic programme

**Phase 3** Build and maintain knowledge and support network



Our services are to support mums in the prenatal stage of pregnancy to 2 years post partum. We have created a pathway of the services we provide and what you can expect from us.

[www.mothersmindstaffordshire.co.uk/](http://www.mothersmindstaffordshire.co.uk/)